

Badminton Study guide

Drop Shot – A shot made from back court which barely clears the net

Smash - The overhand stroke that sends the bird downward over the net;
The most powerful stroke

Rally - A heated return of the bird several times back and forth

Forehand - Any stroke made on the racket side of the body

Backhand - A stroke made on the side of the body opposite the racket side

Shuttlecock - The birdie that is batted back and forth in badminton

Clear - A high shot, which falls close to the back or baseline

Drive - A hard driven stroke which clears the net and does not rise high enough for an opponent to smash

A doubles game in badminton is played up to 21 points. In P.E. First team to 21 points wins. **RALLY SCORE**

- Every time there is a serve – there is a point scored. RALLY SCORE
- The side winning a rally adds a point to its score.
- **In PE we will play a “points” Tournament! The person with the most points at the end of the Tournament wins the Tournament. Each day you get a different partner and play against a new team of 2. When playing a “Points” tournament we play to 21... first team to 21 wins. You DO NOT have to win by 2!**

- The serve must be delivered to the diagonal service court.
- A shuttlecock that lands on the line is considered "good" or "in."
- The service is made from the right hand court when your score is an even number and from the left hand court when your score is an odd number.
- The order of server depends on the score odd or even same as in singles.
- The service courts are changed by the servicing side only when a point is scored. In all other cases, the players continue to stay in their respective service court from where they played previous rally. This shall guarantee alternate server.

The service must be an underhand motion, with the racket face remaining below your waist.

The serve may not touch the net.

A player may not touch the net with the racket or any part of his / her body.

A birdie that touches the ceiling, fans, basketball nets, or walls is considered out. A player may not hit the birdie more than once. Only one hit is legal to send the bird over the net.

Doubles

- **ONLY ONE PLAYER SERVES PER SIDE.**
- At the beginning of the game and when the score is even, the server serves from the right service court. When it is odd, the server serves from the left court.
- If the serving side wins a rally, the serving side scores a point and the same server serves again from the alternate service court.
- If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.
- The players do not change their respective service courts until they win a point when their side is serving.

CHECK OUT THIS SITE TO SEE HOW THE ROTATION OF SERVERS WORKS.

<http://web.mst.edu/~ima/rules/Badmintonrules.html>